

MARIE-LYNN HAMMOND RELEASES NOT ONE BUT TWO CDS!

May 2013 – for immediate release



It's been exactly ten years since [Marie-Lynn Hammond](#) released her last album, *Pegasus*. Called **one of Canada's best songwriters** by no less than Estelle Klein, co-founder of the Mariposa Folk Festival, and Gary Cristall, founder of the Vancouver Folk Festival, Marie-Lynn has made up for lost time by bringing out **not one, but two, new discs, this year**. *HoofBeats* is a collection of **original songs about horses**, and *Creatures* features **12 new songs about humans, animals, the environment, history, grief, chance, and their complex interrelationships**.

Major Accident

There's a reason it's taken Hammond a decade. *Pegasus* was recorded during a dark time when she was dealing with **the loss of her parents and one of her sisters**. After its release she withdrew from music for several years. "While I was grieving," Hammond says, "the muse deserted me."

Just as she was beginning to emerge again, **she suffered a major riding accident in 2006** that left her with a permanent visual disability. "It took me two years to convalesce and adjust," she says. "But slowly I found myself writing songs once more, which helped me deal with what had happened."

Horses and Healing

Hammond headed back into the studio with **producer David Woodhead**, and soon realized she had **two projects in the works**. "I'd already written some songs about horses, one of my big passions," Hammond says. "With a few more, I saw I'd have enough for an album."

The first song she wrote after her accident was based on her experiences at a therapeutic riding facility. "**Horses broke me, and horses healed me,**" she explains. "There was no question I was going to ride again—it was simply a matter of when and how." *HoofBeats* features three horse songs from *Pegasus* and nine brand-new tracks celebrating everything equine from the endangered Newfoundland Pony to draft horses, dressage mounts, mustangs, naughty ponies, and more.

Other Creatures

Meanwhile, other songs were emerging. "I'm **passionate about all animals and the environment,**" Hammond says, "and these themes were also working their way into new tunes." As well, **her move north of Toronto to Stouffville** became a source of inspiration. *Creatures* includes songs about the **Oak Ridges Moraine** and the fascinating **Sharon Temple**. "And," notes Hammond, "I discovered another historical gem near Uxbridge, the **Foster Memorial**. My song about it deals with **how art can heal grief—something I know about first-hand.**"

Launch and Festivals

Sunday June 2 at 8:00 p.m. at Hugh's Room, Marie-Lynn Hammond takes to the stage for a double CD launch and celebration. Then in July, her former band, the **seminal folk act and indie-record pioneer Stringband**, reunites to play **The Vancouver Folk Festival** and **The Winnipeg Folk Festival**, forty years after they performed at Winnipeg's very first festival in 1974.

MORE INFORMATION

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